



**WALK A MILE
IN MY BOOTS**

Activity Pack

#WalkAMile
walkamile.org.au





About Hutt St Centre



Hutt St Centre is a place of connection and support, where people facing homelessness are empowered to rebuild their lives, rediscover their identities and reconnect with loved ones.

When people walk through our doors, we help fulfil their immediate needs, like a shower, a meal, and an opportunity to recharge their phone, while our 20+ visiting services provide support ranging from medical check-ups to financial counselling.

And with a focus on the future, we connect people with housing, education and employment opportunities to build the skills and confidence to change their circumstances for good and achieve homefulness.

These services are only made possible the generous support of the South Australian community, like you – this is why Walk a Mile in My Boots means so much to help keep the doors of Hutt St Centre open for people in need.



How does Walk a Mile in My Boots help rebuild people's lives?

For over fifteen years, Walk a Mile in My Boots has united South Australia to walk in solidarity with people experiencing homelessness and raising vital funds to support people to leave homelessness behind and rebuild their lives.

Since 2020, people like you have achieved incredible results by taking part in Walk a Mile in My Boots, with over 9,000 participants and more than \$2.3m raised by generous South Australians to support Hutt St Centre's vital wellbeing and homefulness services.

Access to nutritious meals, hot showers, lockers, laundry facilities, medical care and connection with further support are the first steps more than 2,000 people take on their journey out of homelessness each year.

This is made possible thanks to people like you.



Welcome to the **Walk a Mile in My Boots** activity book!

The Walk a Mile in My Boots activity book has everything you need to learn more about homelessness and have fun while doing it.

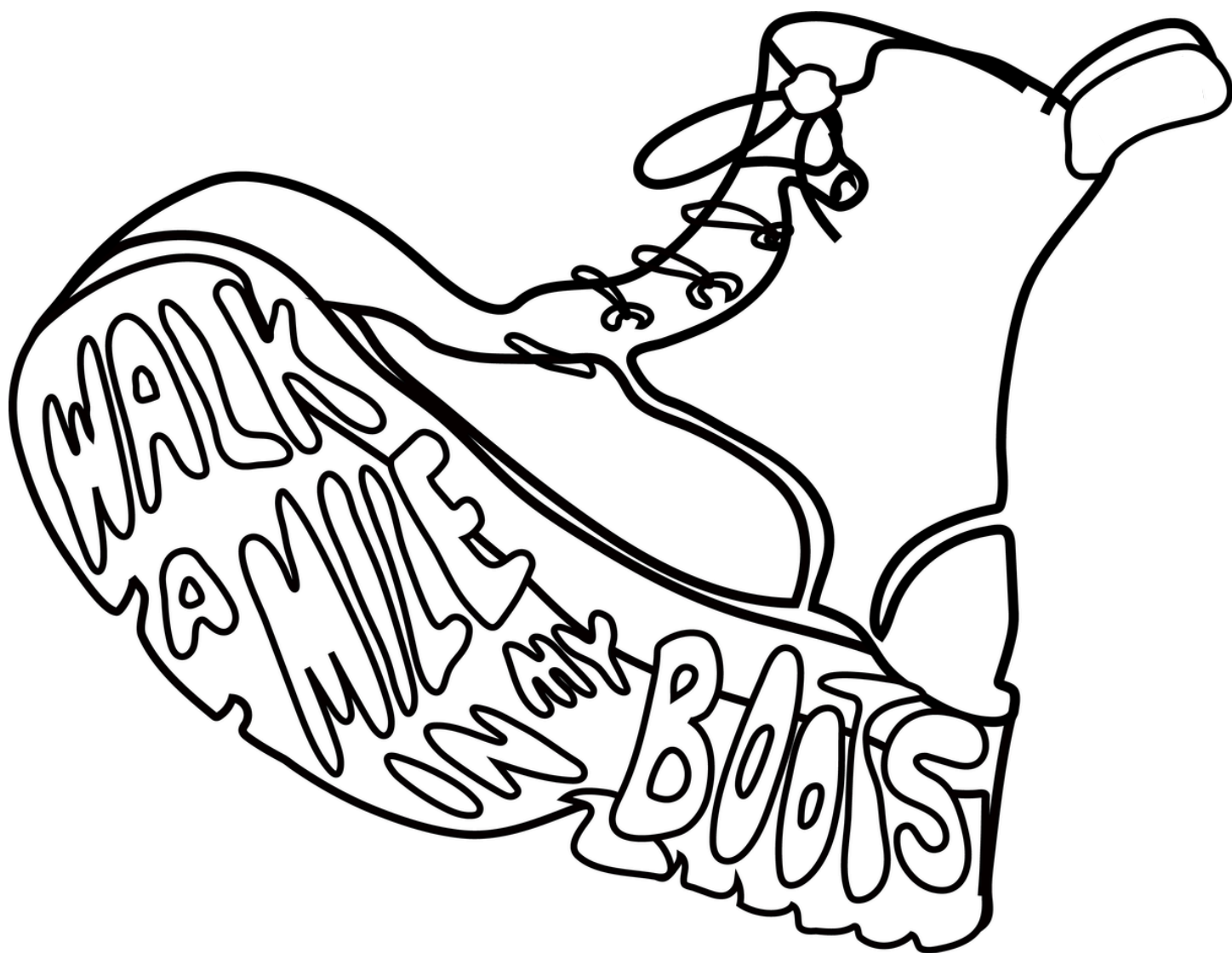
As we walk a mile (or more!) together, we'll help support people experiencing homelessness and learn about empathy, compassion, and the power of community.

Dive into this activity book and explore fun shoelace crafts, a quiz, colour-in boots, and more exciting activities that'll inspire you and your friends to make every step count!



Colour in Boots

Get creative and design your own pair of boots with our Walk a Mile in My Boots colouring in sheet!



Word Search

Puzzle

| | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| S | H | O | W | E | R | S | S | N | O | O | D | K | P | Q | A | A | C | W | K |
| W | O | Z | D | X | R | B | S | I | F | V | O | V | G | D | V | O | N | A | Z |
| A | R | S | P | E | S | T | E | U | H | G | T | R | E | I | M | G | I | L | A |
| L | T | I | T | E | E | O | N | L | R | D | F | L | A | M | J | L | X | K | H |
| K | R | E | C | B | R | S | L | E | S | E | A | Q | U | N | A | U | K | I | R |
| A | K | M | K | Z | A | K | U | T | C | I | H | N | M | R | G | I | R | N | Y |
| M | H | P | X | H | C | Q | F | S | D | T | I | T | T | Z | L | E | P | G | H |
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| L | C | T | K | E | T | V | M | M | Y | E | U | T | M | G | O | H | Q | A | S |
| E | E | H | G | A | L | X | O | I | E | A | T | E | T | I | O | B | O | N | O |
| I | S | Y | V | M | A | L | H | Z | H | A | T | S | S | U | W | T | F | D | C |
| N | S | Y | I | S | E | H | C | T | U | E | L | S | X | Z | H | B | J | E | I |
| M | S | R | E | T | H | G | U | Q | R | Q | A | S | D | A | V | S | R | B | A |
| Y | E | D | G | Y | D | O | T | S | A | P | B | U | V | W | O | K | F | N | L |
| B | N | N | K | A | S | Q | E | S | M | F | O | N | M | Z | D | L | O | C | W |
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| O | N | A | J | J | B | I | C | I | D | B | R | E | T | N | I | W | E | L | R |
| T | I | L | I | S | J | S | P | M | D | I | G | N | I | T | Y | J | P | D | K |
| S | K | W | B | K | H | I | S | O | L | I | D | A | R | I | T | Y | E | M | Z |
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WALK A MILE IN MY BOOTS
END HOMELESSNESS
SOUTH AUSTRALIA
HUTT ST CENTRE
HOMEFULNESS

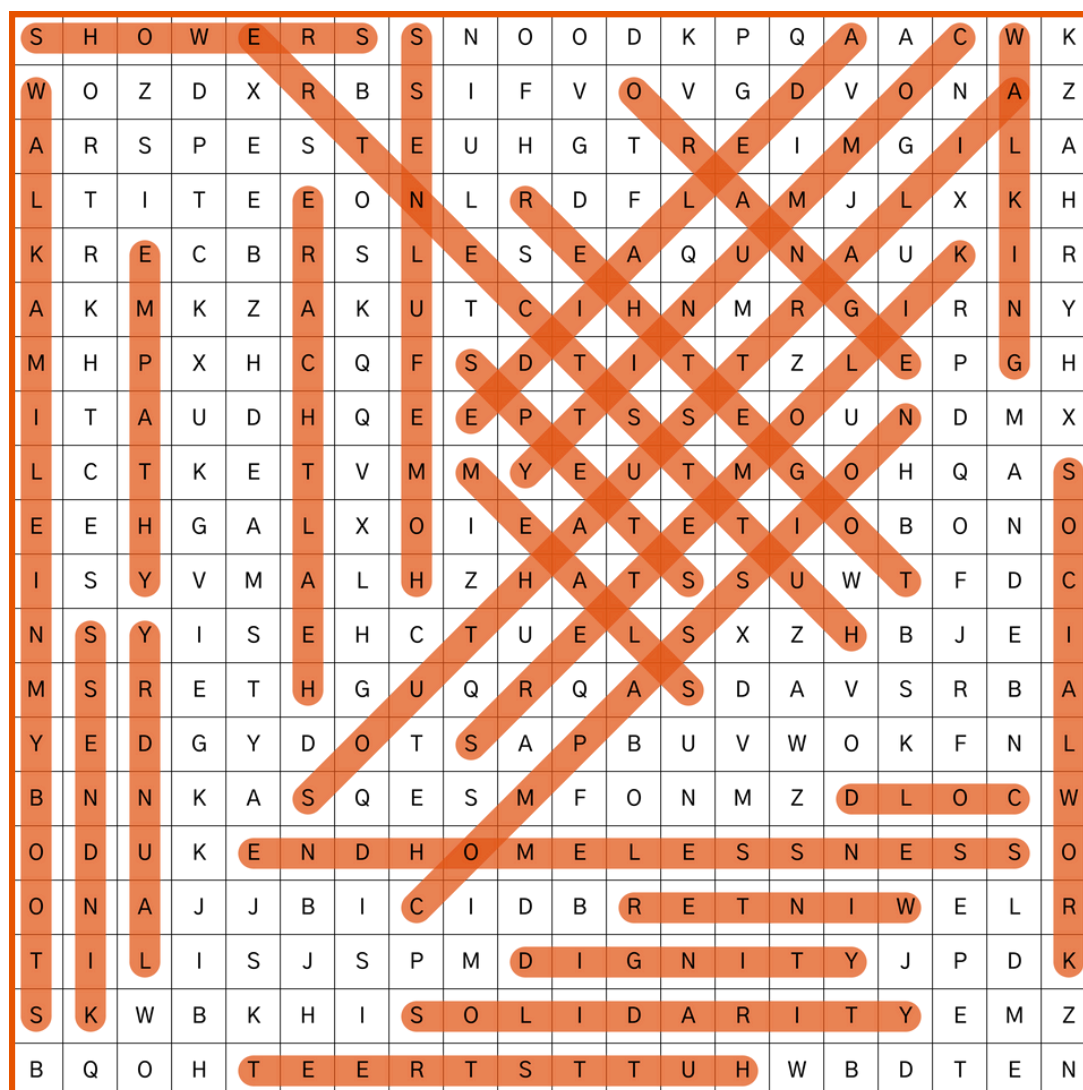
KILOMETERS
HEALTHCARE
HUTT STREET
SOCIAL WORK
SOLIDARITY

COMPASSION
COMMUNITY
KINDNESS
ADELAIDE
TOGETHER

WALKING
DIGNITY
EMPATHY
LAUNDRY
SHOWERS

ORANGE
WINTER
MEALS
STEPS
COLD

Answers



These words help paint the picture of what Walk a Mile in My Boots means to thousands of people across South Australia, all passionate to help end homelessness.



WALK A MILE IN MY BOOTS

Quiz

1. What year did Walk a Mile in My Boots start?
2. How many metres are there in a mile?
3. What year was Hutt St Centre opened?
4. Who founded Hutt St Centre?
5. How many people are experiencing homelessness in South Australia? a) 2,668 b) 6,573 c) 7,428 d) 12,129
6. Why is it more helpful and kind to say “people experiencing homelessness” instead of “the homeless” or “homeless people”?
7. List three reasons why people experience homelessness.
8. How many meals did Hutt St Centre serve last year?
a) 17,827 b) 29,303 c) 35,211 d) 45,111

Flip sheet upside down to check your answers. Good luck!

1. What year did Walk a Mile in My Boots start? 2008
2. How many metres are there in a mile? 1,609
3. What year was Hutt St Centre opened? 1954
4. Who founded Hutt St Centre? The Daughters of Charity
5. How many people are experiencing homelessness in South Australia? c) 7,428
6. Because homelessness is a temporary experience, it's not something that defines a person or their identity.
7. Family breakdown, job loss, physical and mental health issues.
8. How many meals did Hutt St Centre serve last year? d) 45,111

ANSWERS

DIY sign craft

Get ready to put your creativity into action with our DIY Walk a Mile in My Boots signs!

Follow this fun guide to craft your own signs and bring them along on your walks to show solidarity with people doing it tough.

Here's what you need to make your sign...

- Orange cardboard, 1x A4 sheet per sign
- Pop sticks, 1x stick per sign
- A pair of scissors
- Clear sticky tape
- A glue stick, OR double-sided tape

Click [here](#) to download the DIY signs.





Download and print your choice of Walk a Mile in My Boots posters in colour.



Trim off the white border around each of the posters.



Stick the poster to a piece of A4 orange card using a glue stick or double-sided tape.



You can either leave the orange card as a border around the edge, or trim it down to the size of the poster.



Stick a large pop stick to the back of the card using sticky tape, make sure your pop stick is long enough to grip as a handle.



Wrap an orange shoelace around the pop stick for a cushioned handle and a fun pop of colour!



Well done! You've made your very own Walk a Mile in My Boots sign! Carry it on your walks to show support for people doing it tough.



Have your signs ready for the Walk a Mile in My Boots challenge week, happening during National Homelessness Week.

DIY braided shoelace bracelet craft

Get ready to braid your way to a stylish and meaningful accessory perfect for Walk a Mile in My Boots season!

This DIY braided shoelace bracelet craft will turn your shoelaces into a trendy bracelet that not only looks cool but also serves as a reminder of your commitment to end homelessness.

All you need for this craft is a single shoelace
- bright Walk a Mile orange is best!





Fold the shoelace into three even strands.



Make a small loop by crossing over the two joined strands, leaving the strand with the shoelace end out.



Poke the remaining strand with the shoelace end through the back of the loop, with the end sticking out from the loop.



Bring the strand with the shoelace end into the middle of the other two strands.



Bring the outer left strand into the middle, then bring the outer right strand into the middle. Repeat - and that's how to braid a shoelace!



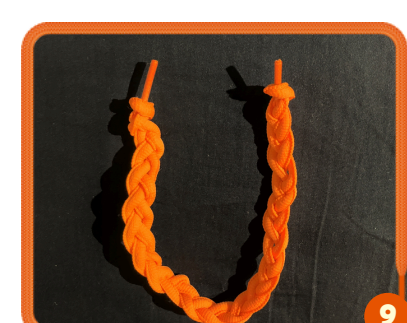
Keep braiding all the way down the shoelace, tightening sections as you go if needed. Untangle the unbraided end as you go.



Stop braiding when you have ran out of shoelace, and push the shoelace end through the middle loop (same as you did in Step 3).



Twist the looped piece of shoelace around the end strand, and then pull it tight so that it forms a knot.



Repeat this knot on the other end of your braid, so that the ends can't come loose.

Well done! You have finished making your own Walk a Mile in My Boots braided shoelace bracelet!



Wear it while you walk, to show support for people doing it tough.

If you have more shoelaces, try making more braided bracelets to layer them, or to share with friends and family. Use different coloured shoelaces for fun.



Or, try out the braided shoelace as an anklet, and wear it with your favourite pair of boots.

Tip! Wear your bracelet on Friday 8 August to celebrate the final day of Walk a Mile in My Boots.





Messages of Hope

Homelessness can be isolating and lonely. But through conversations and connection, you can bring joy to someone's life. Hutt St Centre believes in the power of community support, and we'd love your help in connecting with people doing it tough so that no one has to feel alone.

Share a message of hope and help make a profound impact on someone's life. Whether it's a heartfelt quote, a personal story of triumph, or a simple message of kindness – your words can remind people that they are not alone on their journey.

**Together, we can build a world where everyone finds
homefulness.**





Dear Friend,

A series of horizontal dotted lines for writing.

Share your creations

We'd love to see your amazing DIY signs, shoelace art and other beautiful creations.

Follow Hutt St Centre online to keep in the loop. Use the hashtag #WalkAMile and tag us in your posts!

-  Facebook @huttstcentre
-  Instagram @huttstcentre

Get Involved

Want to help Hutt St Centre support people experiencing homelessness? Reach out to our team at fundraising@huttstcentre.org.au

Step up for Walk a Mile in My Boots.

Walk a mile or more a day during National Homelessness Week, raise funds for Hutt St Centre and help people experiencing homelessness in South Australia.

Find out more at www.walkamile.org.au



To find out more about Hutt St Centre, visit our website and learn how together, we walk alongside people on their journey toward homefulness.



huttstcentre.org.au



walkamile.org.au



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