



**WALK A MILE
IN MY BOOTS**

Activity Pack



About Hutt St Centre

Hutt St Centre is a place of connection and support, where people facing homelessness are empowered to rebuild their lives, rediscover their identities and reconnect with loved ones.

When people walk through our doors, we help fulfil their immediate needs, like a shower, a meal, and an opportunity to recharge their phone, while our 20+ visiting services provide support ranging from medical check-ups to financial counselling.

And with a focus on the future, we connect people with housing, education and employment opportunities to build the skills and confidence to change their circumstances for good and achieve homefulness.

These services depend on the generous support of the South Australian community – which is why Walk a Mile in My Boots means so much.



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How does Walk a Mile in My Boots help rebuild people's lives?

For over fifteen years, our Walk a Mile in My Boots campaign has united people across the state in a common purpose: raising vital funds to support people to rebuild their lives and end homelessness.

Since the beginning of the pandemic, Walk a Mile in My Boots has achieved incredible results through our virtual challenge, with 7,075 people participating and more than \$1.8m raised by generous South Australians to support Hutt St Centre's vital wellbeing and homefulness services.

Access to nutritious meals, hot showers, lockers, laundry facilities, medical care and connection with further support are the first steps more than 2,000 people take on their journey out of homelessness each year. This is made possible thanks to people like you.



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Welcome to the Walk a Mile in My Boots challenge activity book!

Get ready to step into an exciting journey filled with adventure, kindness, and big steps towards making a difference!

As we walk a mile (or more!) together, we'll help support people experiencing homelessness and learn about empathy, compassion, and the power of community.

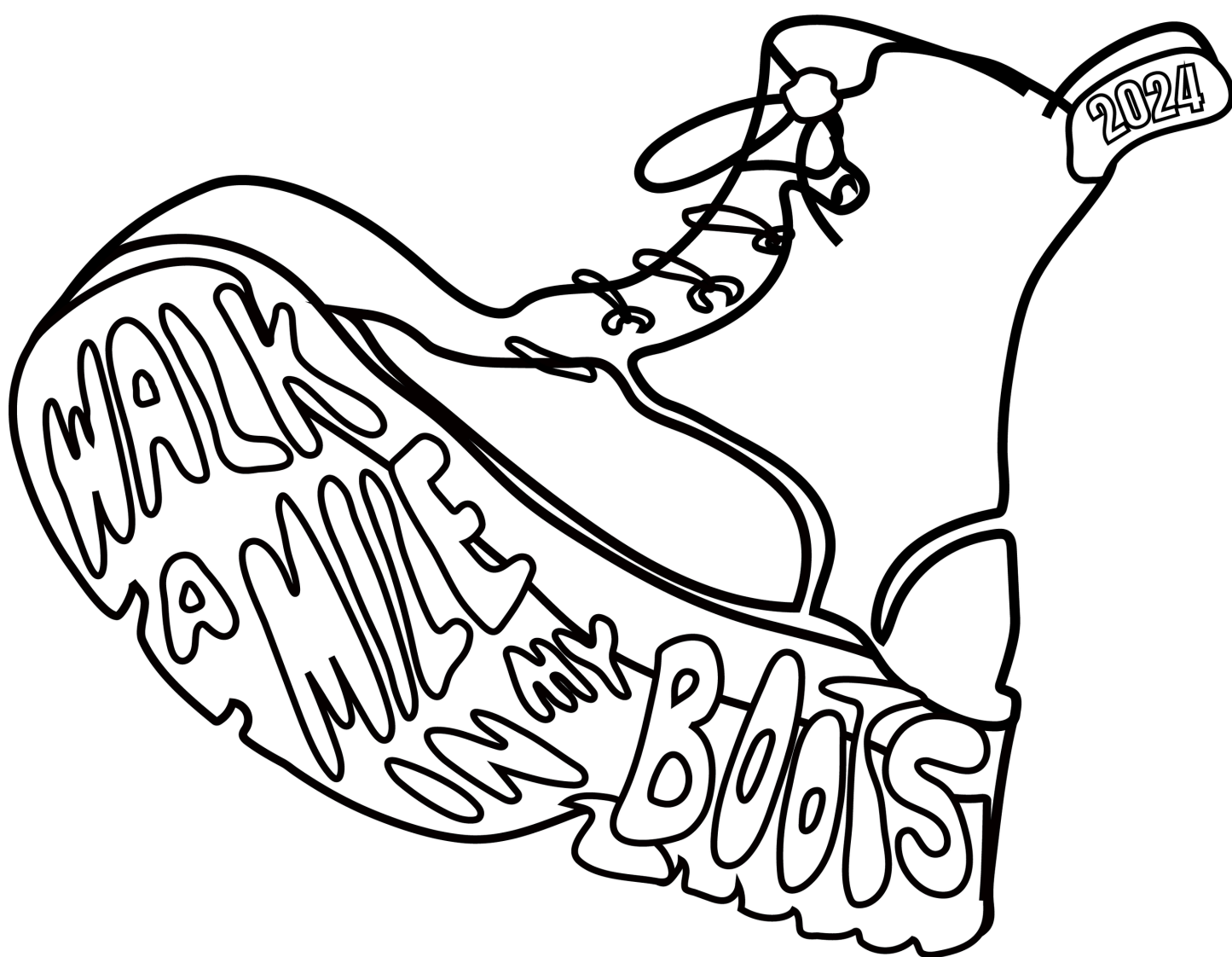
Dive into this activity book and explore fun shoelace crafts, color-in boots, and more exciting activities that'll inspire you and your friends to make every step count!



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Colour in Boots

Get creative and design your own pair of boots with our Walk a Mile in My Boots colouring in sheet!



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DIY sign craft

Get ready to put your creativity into action with our DIY Walk a Mile in My Boots signs!

Follow this fun guide to craft your own signs and bring them along on your walks to show solidarity with people doing it tough.

Here's what you need to make your sign...

- Orange cardboard, 1x A4 sheet per sign
- Pop sticks, 1x stick per sign
- A pair of scissors
- Clear sticky tape
- A glue stick, OR double-sided tape



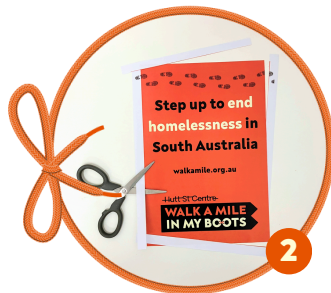
Click [here](#) to download the DIY signs.



**WALK A MILE
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Download and print your choice of Walk a Mile in My Boots posters in colour.



Trim off the white border around each of the posters.



Stick the poster to a piece of A4 orange card using a glue stick or double-sided tape.



You can either leave the orange card as a border around the edge, or trim it down to the size of the poster.



Stick a large pop stick to the back of the card using sticky tape, make sure your pop stick is long enough to grip as a handle.



Wrap an orange shoelace around the pop stick for a cushioned handle and a fun pop of colour!



Well done! You've made your very own Walk a Mile in My Boots sign!
Carry it on your walks to show support for people doing it tough.



Have your signs ready for the Walk a Mile in My Boots challenge week, happening during National Homelessness Week, 5-11 August.

WALK A MILE IN MY BOOTS

DIY braided shoelace bracelet craft

Get ready to braid your way to a stylish and meaningful accessory!

This DIY braided shoelace bracelet craft will turn your shoelaces into a trendy bracelet that not only looks cool but also serves as a reminder of your commitment to end homelessness.

All you need for this craft is a single shoelace - bright orange is best!



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Fold the shoelace into three even strands.



Make a small loop by crossing over the two joined strands, leaving the strand with the shoelace end out.



Poke the remaining strand with the shoelace end through the back of the loop, with the end sticking out from the loop.



Bring the strand with the shoelace end into the middle of the other two strands.



Bring the outer left strand into the middle, then bring the outer right strand into the middle. Repeat - and that's how to braid a shoelace!



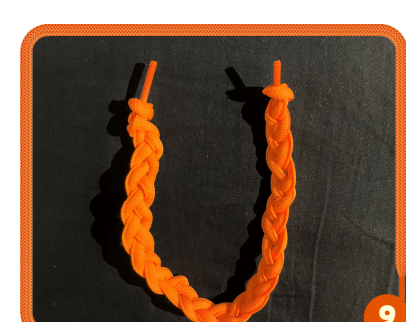
Keep braiding all the way down the shoelace, tightening sections as you go if needed. Untangle the unbraided end as you go.



Stop braiding when you have ran out of shoelace, and push the shoelace end through the middle loop (same as you did in Step 3).



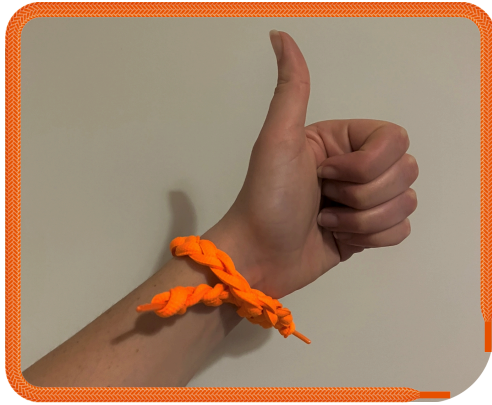
Twist the looped piece of shoelace around the end strand, and then pull it tight so that it forms a knot.



Repeat this knot on the other end of your braid, so that the ends can't come loose.

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Well done! You have finished making your own Walk a Mile in My Boots braided shoelace bracelet!



Wear it while you walk, to show support for people doing it tough.

If you have more shoelaces, try making more braided bracelets to layer them, or to share with friends and family. Use different coloured shoelaces for fun.



Or, try out the braided shoelace as an anklet, and wear it with your favourite pair of boots.

Why not wear your bracelet during Walk a Mile in My Boots challenge week?



Challenge week is from 5 -11 August, and is held the same week as National Homelessness Week.

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Messages of Hope

Loneliness and boredom can be overwhelming, but through conversations and connections, we find ways to bring joy to someone's life. We believe in the power of community support, and we'd love your help in connecting with people doing it tough.

By sharing a message of hope, you can make a profound impact on someone's life. Whether it's a heartfelt quote, a personal story of triumph, or a simple message of solidarity, your words can remind individuals that they are not alone on their journey.

**Together, we can build a world where everyone finds
homefulness.**



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Dear Friend,

A series of horizontal dotted lines for writing.

Share your creations

We'd love to see your amazing DIY signs, shoelace art and other beautiful creations.

Follow Walk a Mile in My Boots. Use the hashtag #WalkAMile and tag us in your posts!

 Facebook @walkamileinmyboots

 Instagram @huttstcentre

Get Involved

Want to help Hutt St Centre support people experiencing homelessness? Reach out to our team at hello@huttstcentre.org.au

Step up to the Walk a Mile in My Boots challenge.

Walk a mile or more a day during National Homelessness Week, raise funds for Hutt St Centre and help people experiencing homelessness in South Australia.

Find out more at www.walkamile.org.au



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Hutt St Centre

end homelessness

To find out more about Hutt St Centre, visit our website and learn how we alongside people on their journey toward **homefulness.**

www.huttstcentre.org.au

